

# The Montana Asthma Home Visiting Program (MAP) Includes:

- Six home visits over a year
- Help identifying things in your home that may make your asthma worse
- Custom asthma education
- Educational resources and referrals to community services
- Individual help with managing the medical system
- Free allergen proof pillow and mattress covers
- Free air filter for those with animals or smokers present in the home
- **All asthma home visiting services are offered at no cost to the children and their families**

## Who is eligible?

Any child aged 0-17 years with a current asthma diagnosis who has had either:

- an emergency department visit, hospitalization or unscheduled medical office visit for asthma  
OR
- an Asthma Control Test score of less than 20 in the last year.

## How to enroll in MAP?

MAP is currently available in these areas. Call today to talk to the home visiting nurse in your area.

### Anaconda-Deer Lodge County Health Department

115 W. Commercial Ave., Anaconda, MT 59711  
..... 406-563-7863

### Bullhook Community Health Center

521 4th St., Havre, MT 59501  
..... 406-265-4541

### Butte-Silver Bow County Health Department

25 West Front St., Butte, MT 59701  
..... 406-497-5020

### Cascade City-County Health Department

115 4th St. South, Great Falls, MT 59401  
..... 406-452-0881

### Custer County Health Department/oneHealth

210 South Winchester Ave., Miles City, MT 59301  
..... 406-874-8700

### Flathead Community Health Center

1035 1st Ave. West, Kalispell, MT 59901  
..... 406-751-8110

### Gallatin City-County Health Department

215 W. Mendenhall, Bozeman, MT 59715  
..... 406-582-3100

### Lewis and Clark City-County Health Department

1930 Ninth Ave., Helena, MT 59601  
..... 406-457-8976

### Missoula City-County Health Department

301 West Alder St., Missoula, MT 59802  
..... 406-258-4290

### Park County Health Department

414 E. Callender St., Livingston, MT 59047  
..... 406-222-4145

### Richland County Health Department

1201 West Holly St., Ste. #1, Sidney, MT 59270  
..... 406-433-2207



## Experience dramatic results by participating in MAP

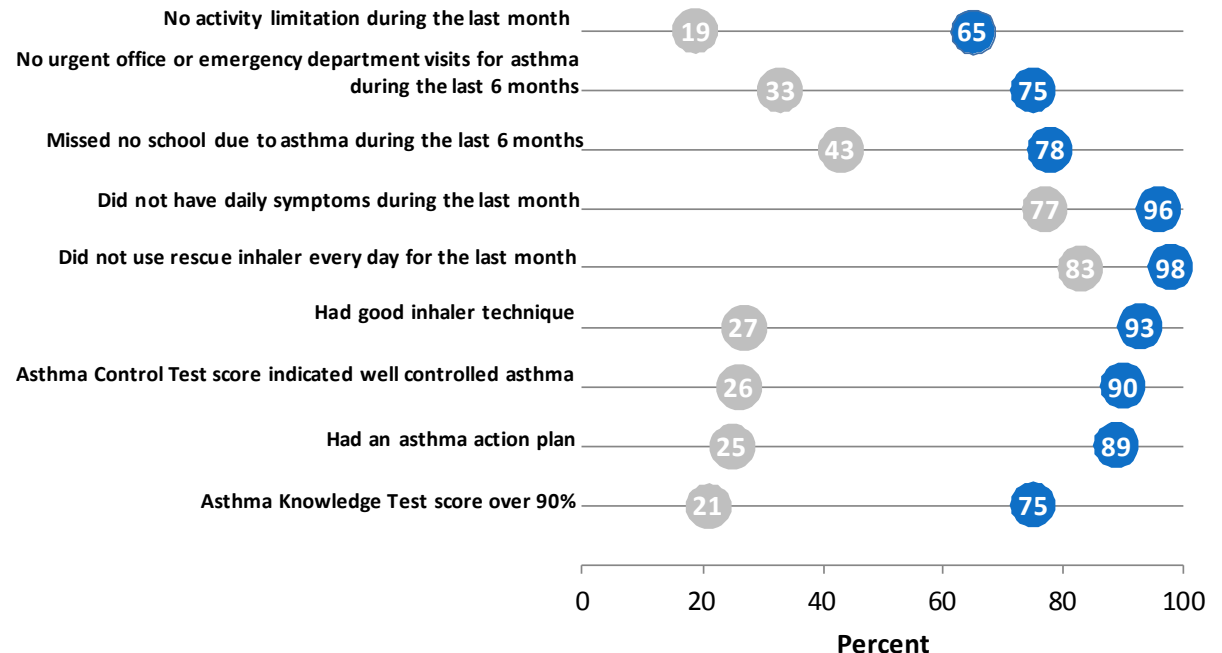
“Not only has my daughter’s health improved, **the whole family has benefited** from various environmental changes they made after an environmental home assessment.”

“It’s a blessing to be able to watch my daughter play the game she loves [soccer] while **not having to worry if she is on the brink of an asthma attack.**”

“She [home visiting nurse] was wonderful at explaining terminology to our son (and us) and shared many resources with us during our year with the Project. **This allowed us to be proactive about our son’s asthma** and we now feel confident in managing it.”

“With the support of my MAP nurse, I **was given information and encouragement** to work with my pediatrician to develop a plan for my son’s asthma, including starting him on a daily controller medication and working to figure out what in his home environment and outside environment was making his asthma worse.”

### Results from before and after completing the asthma home visiting program



- \* **Avoid missed school days**
- \* **Limit the number of days with asthma symptoms**
- \* **Learn how to properly use asthma medications**
- \* **Create a plan to manage asthma**

**Find a program in your area today!**